



## OFFENSIVE PRACTICE SCHEDULE

Tuesday - October 3, 1995

### NEW OFFENSE

3:30 - 3:40 Stretch  
3:40 - 3:45 Spec  
3:45 - 4:00 Group - 3:55 - 4:00 1 on 1  
4:00 - 4:20 Full Team Skeleton & GL  
4:20 - 4:25 Break  
4:25 - 4:35 Option  
4:35 - 4:45 Kick - Separate

|             | <u>I</u>         | <u>SPD</u> | <u>DEF</u>    |
|-------------|------------------|------------|---------------|
| 4:45 - 5:00 | 1 - 3            | 2 - 4      | 3 - 4 - 1 - 2 |
| 5:00 - 5:15 | 2 - 3            | 1 - 4      | 3 - 4 - 1 - 2 |
| 5:15 - 5:25 | K.O.             |            |               |
| 5:25 - 5:45 | Run, Throw, Lift |            |               |

52-58

PRO RT 42 CS FL REV LT PASS

### SPD

#### PRO LT

48 CS FL REV RT PASS FL MOT (H SHADE 8)

#### PRO RT

SHIFT F 42 CS BOOT LT (H OV 5)

49 OS P 9 SLNT & C PROT (H SHADE 9)

44 ISO P 9 REL (UNDER 5)

53 9 P & C IB DRAG (BEAR MIKE BEAR RT 1 F)

#### TIGHT RT

11 OPT P 1 SLNT & GO TB PROT ( " )

46 ISO P 2 REL (H SHADE SAM BINGO 8)

47 DRAW P 1 CB (OVER LT WIDE SAM BUMP TOM PLUG 1 F)

47 DIVE P 8 DEL FLAT FL MOT (H SHADE WILL BINGO 8)

#### OPEN LT

SHIFT 11 OPT P (H OV 5)

57 8 CROSS IB DRAG (BEAR MIKE BEAR LT 1 F)

19 OPT P 9 HOOK & GO (UNDER SAM BINGO 2)

#### ACE

47 DRAW P 9 PIVOT PROT (H SHADE SAM RT 9)

99 HITCH & GO DUMMY AUD (UND SAM LT BLITZ 2)

42 CS FL REV LT (UND SAM LT 9)

43 DRAW P 2 OUT PROT (WIDE BLITZ 2)

#### SG

79 DBL SCRIN (WIDE BLITZ 2)

36 IB TRAP (H SHADE 11 ROB)

79 AUD (UND SAM RT AND FOLD BLITZ 1 F)

71 D.T.O. (OVER SAM LT AND FOLD TIM PLUG NOSE)

#### POWER LT

11 OPT P WB FLAG PROT SM (50 4 EYE 5-3 3 DEEP ZONE)

F 48 CS BOOT RT TB ( " )

#### SPD LT

SHIFT 43 DIVE P 8 DEL FLAT (H SHADE WILL WIDE 9)

#### ACE TRIPS LT

39 SPNT PASS (UNDER SAM RT 4)

47 DRAW P 9 DEL PROT (WIDE BLITZ 2)

### GL

#### POWER RT

44 ISO (60 GL)

41 OS (49) (60 GL LC FIRE)

41 P (41) (RED EAG PSY)

11 B (19) (60 PSYCHO)

32 OPTV (38) (RED EAG 2)

44 ISO P 8 DEL FLAT (60 GL)

\*58 (60 PSYCHO)

41 OS PASS 2 CROSS (60 GL)

F 48 CS BOOT RT GL WBM (60 GL)

41 P (49) (RED EAG 2 SAF LEFT)

41 OS (41) (RED EAG PSY SAF MID)

#### TIGHT LT

16 SMASH (60 GL)

19 B (11) (60 GL SS FIRE RT)

38 OPTV (32) (60 GL)

\*52 (RED EAG PSYCHO)