

| EAST DIVISION | | | | | | | |
|---------------|-----------------------|----------------|-------------------|----------------|-------------------|----------------|-------------------|
| 2022 | Indiana | Maryland | Michigan | Michigan State | Ohio State | Penn State | Rutgers |
| Sept. 3 | Northwestern | | | | | at Purdue | |
| Sept. 10 | | | | | | | |
| Sept. 17 | | | | | | | |
| Sept. 24 | | at Michigan | Maryland | Ohio State | at Michigan State | | Nebraska |
| Oct. 1 | at Nebraska | Purdue | at Iowa | at Illinois | at Penn State | Ohio State | at Minnesota |
| Oct. 8 | Maryland | at Indiana | Penn State | Wisconsin | Rutgers | at Michigan | at Ohio State |
| Oct. 15 | | at Wisconsin | Nebraska | | Iowa | Illinois | |
| Oct. 22 | at Rutgers | Northwestern | at Michigan State | Michigan | | | Indiana |
| Oct. 29 | at Ohio State | Rutgers | Illinois | at Penn State | Indiana | Michigan State | at Maryland |
| Nov. 5 | Penn State | | | Minnesota | at Northwestern | at Indiana | Iowa |
| Nov. 12 | at Michigan | at Penn State | Indiana | Rutgers | Wisconsin | Maryland | at Michigan State |
| Nov. 19 | Michigan State | Ohio State | at Rutgers | at Indiana | at Maryland | Minnesota | Michigan |
| Nov. 26 | Purdue | Michigan State | at Ohio State | at Maryland | Michigan | at Rutgers | Penn State |
| Dec. 3 | BIG CHAMPIONSHIP GAME | | | | | | |

| WEST DIVISION | | | | | | | |
|---------------|-----------------------|------------------|-------------------|-----------------|--------------|--------------|-------------------|
| 2022 | Illinois | Iowa | Minnesota | Nebraska | Northwestern | Purdue | Wisconsin |
| Sept. 3 | at Wisconsin | | | | at Indiana | Penn State | Illinois |
| Sept. 10 | | | | | | | |
| Sept. 17 | | | | | | | |
| Sept. 24 | | at Minnesota | Iowa | at Rutgers | | | |
| Oct. 1 | Michigan State | Michigan | Rutgers | Indiana | Wisconsin | at Maryland | at Northwestern |
| Oct. 8 | Minnesota | at Purdue | at Illinois | at Northwestern | Nebraska | Iowa | at Michigan State |
| Oct. 15 | at Penn State | at Ohio State | Purdue | at Michigan | | at Minnesota | Maryland |
| Oct. 22 | | | at Nebraska | Minnesota | at Maryland | Wisconsin | at Purdue |
| Oct. 29 | at Michigan | Northwestern | | | at Iowa | | |
| Nov. 5 | Purdue | at Rutgers | at Michigan State | at Wisconsin | Ohio State | at Illinois | Nebraska |
| Nov. 12 | Iowa | at Illinois | Northwestern | Purdue | at Minnesota | at Nebraska | at Ohio State |
| Nov. 19 | at Nebraska | Wisconsin | at Penn State | Illinois | at Purdue | Northwestern | at Iowa |
| Nov. 26 | at Northwestern | Nebraska (11/25) | at Wisconsin | at Iowa (11/25) | Illinois | at Indiana | Minnesota |
| Dec. 3 | BIG CHAMPIONSHIP GAME | | | | | | |

Division games highlighted in grey

| EAST DIVISION | | | | | | | |
|---------------|-----------------------|-------------------|----------------|----------------|----------------|-------------------|----------------|
| 2023 | Indiana | Maryland | Michigan | Michigan State | Ohio State | Penn State | Rutgers |
| Sept. 2 | Ohio State | | | | at Indiana | | Northwestern |
| Sept. 9 | | | | | | | |
| Sept. 16 | | | | | | at Illinois | |
| Sept. 23 | | at Michigan State | at Minnesota | Maryland | | at Northwestern | at Wisconsin |
| Sept. 30 | at Maryland | Indiana | | | | | |
| Oct. 7 | at Penn State | at Ohio State | Michigan State | at Michigan | Maryland | Indiana | at Iowa |
| Oct. 14 | | at Rutgers | at Nebraska | Penn State | at Purdue | at Michigan State | Maryland |
| Oct. 21 | Rutgers | Illinois | Purdue | at Iowa | Penn State | at Ohio State | at Indiana |
| Oct. 28 | at Illinois | Michigan | at Maryland | at Minnesota | at Wisconsin | Iowa | |
| Nov. 4 | at Michigan State | | at Penn State | Indiana | at Rutgers | Michigan | Ohio State |
| Nov. 11 | Wisconsin | at Nebraska | Rutgers | at Ohio State | Michigan State | | at Michigan |
| Nov. 18 | Michigan | at Northwestern | at Indiana | Nebraska | Minnesota | Rutgers | at Penn State |
| Nov. 25 | at Purdue | Penn State | Ohio State | at Rutgers | at Michigan | at Maryland | Michigan State |
| Dec. 2 | B1G CHAMPIONSHIP GAME | | | | | | |

| WEST DIVISION | | | | | | | |
|---------------|-----------------------|---------------------|-----------------|-------------------|--------------|-----------------|--------------|
| 2023 | Illinois | Iowa | Minnesota | Nebraska | Northwestern | Purdue | Wisconsin |
| Sept. 2 | | | Nebraska | at Minnesota | at Rutgers | | |
| Sept. 9 | | | | | | | |
| Sept. 16 | Penn State | | | | | | |
| Sept. 23 | | Purdue | Michigan | | Penn State | at Iowa | Rutgers |
| Sept. 30 | at Purdue | at Wisconsin | | Northwestern | at Nebraska | Illinois | Iowa |
| Oct. 7 | Nebraska | Rutgers | at Purdue | at Illinois | | Minnesota | |
| Oct. 14 | Wisconsin | at Northwestern | | Michigan | Iowa | Ohio State | at Illinois |
| Oct. 21 | at Maryland | Michigan State | at Northwestern | Wisconsin | Minnesota | at Michigan | at Nebraska |
| Oct. 28 | Indiana | at Penn State | Michigan State | | | | Ohio State |
| Nov. 4 | | Minnesota | at Iowa | at Purdue | at Wisconsin | Nebraska | Northwestern |
| Nov. 11 | at Minnesota | | Illinois | Maryland | Purdue | at Northwestern | at Indiana |
| Nov. 18 | at Iowa | Illinois | at Ohio State | at Michigan State | Maryland | at Wisconsin | Purdue |
| Nov. 25 | Northwestern | at Nebraska (11/24) | Wisconsin | Iowa (11/24) | at Illinois | Indiana | at Minnesota |
| Dec. 2 | B1G CHAMPIONSHIP GAME | | | | | | |

Division games highlighted in grey

| EAST DIVISION | | | | | | | |
|---------------|-----------------------|----------------|-------------------|----------------|-------------------|----------------|-------------------|
| 2024 | Indiana | Maryland | Michigan | Michigan State | Ohio State | Penn State | Rutgers |
| Aug. 31 | | | | | | | |
| Sept. 7 | | | | | | | |
| Sept. 14 | | | | | | at Rutgers | Penn State |
| Sept. 21 | at Rutgers | | | | | | Indiana |
| Sept. 28 | | Michigan State | Wisconsin | at Maryland | Illinois | | |
| Oct. 5 | | at Penn State | Nebraska | Minnesota | Rutgers | Maryland | at Ohio State |
| Oct. 12 | Maryland | at Indiana | | Northwestern | at Nebraska | Illinois | Iowa |
| Oct. 19 | Michigan State | Minnesota | at Northwestern | at Indiana | | at Wisconsin | |
| Oct. 26 | at Michigan | at Iowa | Indiana | at Purdue | Wisconsin | Nebraska | at Illinois |
| Nov. 2 | Iowa | Ohio State | at Michigan State | Michigan | at Maryland | | Purdue |
| Nov. 9 | at Minnesota | at Michigan | Maryland | | at Penn State | Ohio State | |
| Nov. 16 | at Ohio State | | Penn State | Rutgers | Indiana | at Michigan | at Michigan State |
| Nov. 23 | Penn State | Northwestern | at Rutgers | Ohio State | at Michigan State | at Indiana | Michigan |
| Nov. 30 | Purdue | Rutgers | at Ohio State | at Penn State | Michigan | Michigan State | at Maryland |
| Dec. 7 | BIG CHAMPIONSHIP GAME | | | | | | |

| WEST DIVISION | | | | | | | |
|---------------|-----------------------|------------------|-------------------|-----------------|-------------------|----------------|-----------------|
| 2024 | Illinois | Iowa | Minnesota | Nebraska | Northwestern | Purdue | Wisconsin |
| Aug. 31 | Purdue | | | | | at Illinois | |
| Sept. 7 | | | | | | | |
| Sept. 14 | | | | | | | |
| Sept. 21 | | | at Nebraska | Minnesota | | | |
| Sept. 28 | at Ohio State | at Purdue | | at Northwestern | Nebraska | Iowa | at Michigan |
| Oct. 5 | | Northwestern | at Michigan State | at Michigan | at Iowa | Wisconsin | at Purdue |
| Oct. 12 | at Penn State | at Rutgers | Purdue | Ohio State | at Michigan State | at Minnesota | |
| Oct. 19 | Iowa | at Illinois | at Maryland | | Michigan | | Penn State |
| Oct. 26 | Rutgers | Maryland | | at Penn State | | Michigan State | at Ohio State |
| Nov. 2 | at Wisconsin | at Indiana | Northwestern | | at Minnesota | at Rutgers | Illinois |
| Nov. 9 | at Nebraska | | Indiana | Illinois | Wisconsin | | at Northwestern |
| Nov. 16 | | at Minnesota | Iowa | at Wisconsin | at Purdue | Northwestern | Nebraska |
| Nov. 23 | Minnesota | Wisconsin | at Illinois | Purdue | at Maryland | at Nebraska | at Iowa |
| Nov. 30 | at Northwestern | Nebraska (11/29) | at Wisconsin | at Iowa (11/29) | Illinois | at Indiana | Minnesota |
| Dec. 7 | BIG CHAMPIONSHIP GAME | | | | | | |

Division games highlighted in grey

| EAST DIVISION | | | | | | | |
|---------------|-----------------------|-------------------|----------------|----------------|----------------|-------------------|----------------|
| 2025 | Indiana | Maryland | Michigan | Michigan State | Ohio State | Penn State | Rutgers |
| Aug. 30 | | | | | | | |
| Sept. 6 | | | | | | | |
| Sept. 13 | | | | | | | |
| Sept. 20 | Ohio State | Michigan | at Maryland | | at Indiana | Rutgers | at Penn State |
| Sept. 27 | | | at Nebraska | at Minnesota | at Iowa | at Illinois | |
| Oct. 4 | at Northwestern | at Ohio State | | | Maryland | Purdue | Minnesota |
| Oct. 11 | Rutgers | at Purdue | Michigan State | at Michigan | at Wisconsin | | at Indiana |
| Oct. 18 | at Michigan State | Penn State | at Illinois | Indiana | | at Maryland | |
| Oct. 25 | Nebraska | | Iowa | at Wisconsin | at Rutgers | at Minnesota | Ohio State |
| Nov. 1 | at Penn State | at Michigan State | Rutgers | Maryland | Northwestern | Indiana | at Michigan |
| Nov. 8 | | Wisconsin | | Illinois | | | at Nebraska |
| Nov. 15 | Michigan | at Northwestern | at Indiana | at Rutgers | Penn State | at Ohio State | Michigan State |
| Nov. 22 | at Maryland | Indiana | at Penn State | at Ohio State | Michigan State | Michigan | at Iowa |
| Nov. 29 | at Purdue | at Rutgers | Ohio State | Penn State | at Michigan | at Michigan State | Maryland |
| Dec. 6 | B1G CHAMPIONSHIP GAME | | | | | | |

| WEST DIVISION | | | | | | | |
|---------------|-----------------------|---------------------|-----------------|--------------|---------------|-----------------|----------------|
| 2025 | Illinois | Iowa | Minnesota | Nebraska | Northwestern | Purdue | Wisconsin |
| Aug. 30 | Nebraska | | | at Illinois | | | |
| Sept. 6 | | | | | Purdue | at Northwestern | |
| Sept. 13 | | | | | | | |
| Sept. 20 | | at Wisconsin | | | | | Iowa |
| Sept. 27 | Penn State | Ohio State | Michigan State | Michigan | | | |
| Oct. 4 | at Iowa | Illinois | at Rutgers | Wisconsin | Indiana | at Penn State | at Nebraska |
| Oct. 11 | | Minnesota | at Iowa | Northwestern | at Nebraska | Maryland | Ohio State |
| Oct. 18 | Michigan | at Northwestern | | | Iowa | | |
| Oct. 25 | at Purdue | at Michigan | Penn State | at Indiana | | Illinois | Michigan State |
| Nov. 1 | | | Nebraska | at Minnesota | at Ohio State | at Wisconsin | Purdue |
| Nov. 8 | at Michigan State | Purdue | at Northwestern | Rutgers | Minnesota | at Iowa | at Maryland |
| Nov. 15 | Wisconsin | | at Purdue | | Maryland | Minnesota | at Illinois |
| Nov. 22 | at Minnesota | Rutgers | Illinois | at Purdue | at Wisconsin | Nebraska | Northwestern |
| Nov. 29 | Northwestern | at Nebraska (11/28) | Wisconsin | Iowa (11/28) | at Illinois | Indiana | at Minnesota |
| Dec. 6 | B1G CHAMPIONSHIP GAME | | | | | | |

Division games highlighted in grey