

SCOTT FROST

- 2-TIME NATIONAL COACH OF THE YEAR SEMIFINALIST
- 2017 AMERICAN ATHLETIC CONFERENCE COACH OF THE YEAR
- 2-TIME NATIONAL CHAMPION AT NEBRASKA

Scott Frost's rapid rise up the coaching ranks culminated with the former Husker returning to his alma mater to be announced Nebraska's head coach on Dec. 3, 2017. In Frost, the Huskers have one of the nation's top young coaches and a proven winner familiar with the Nebraska culture and tradition.

It took Frost just a decade to rise from a first-year FCS assistant to head coach of a Nebraska program that ranks fifth all-time in wins. He was successful at every stop along the way, serving as defensive coordinator for an FCS semifinalist, coaching in two national championship games at Oregon - including as offensive coordinator in the inaugural College Football Playoff final - and calling the plays for Heisman Trophy winner and No. 2 overall NFL Draft pick Marcus Mariota.

After nine years as an assistant, Frost accepted his first head coaching job and promptly guided Central Florida to the nation's most improved record in his first year in 2016. The next season, he was the unanimous choice as the American Athletic Conference Coach of the Year after leading the Knights to the first undefeated regular season in UCF or AAC history.

Frost has earned a reputation as a winner in his coaching career as he has been a member of seven conference championship teams in his 11 seasons as a full-time coach. In addition to coaching in two national championship games, Frost's teams have won 121 games in his 11 seasons, averaging 11 wins per season. Frost's winning reputation dates back to his playing days, when he helped Nebraska to a 36-2 record in his three-year career, including a 24-2 record in two seasons as the Huskers' starting quarterback. He won two national titles at Nebraska, which matches the total of all other 128 current FBS head coaches combined.

After helping his teams to a 103-18 record in his nine years as an assistant, Frost went 18-7 in two seasons at UCF, helping turn an 0-12 team into a 12-0 squad in just two years' time. In Frost's first season, he took the Knights to a bowl game and finished with a 6-7 record. The turnaround was historic, as Frost became the only first-year coach in FBS history to make a bowl game with a team that was winless the previous season.

UCF led the nation with a six-win improvement in 2016 and matched that mark in 2017 when the Knights defeated No. 16 Memphis in the AAC Championship Game. The Knights put together the first undefeated regular season in UCF and AAC history in 2017, posted the longest winning streak in school history (12 games), achieved the highest in-season ranking in program history (12th) and set an AAC record with 16 all-conference selections.

UCF was led by its high-powered offense and improved defense under Frost. The Knights led the nation in scoring at 49.4 points per game and were the only FBS team to score at least 30 points in every game. Defensively, UCF improved its scoring defense by 63 spots in Frost's two seasons.

In addition to being the unanimous choice as the 2017 AAC Coach of the Year, Frost was a semifinalist for the George Munger Coach of the Year Award in each of his two seasons at UCF. He was one of three coaches to be a semifinalist for the award in both 2016 and 2017.

Before taking his first head coaching job at UCF, Frost was a highly accomplished assistant who coordinated both a top-10 offense and defense. He came to UCF after spending seven seasons as an offensive assistant at Oregon from 2009 to 2015, including three years as the Ducks' offensive coordinator (2012-15). Frost helped Oregon post a 79-14 record in his seven seasons, during which time the Ducks won four conference titles and twice played for the national championship.

Oregon never ranked lower than eighth nationally in scoring offense during Frost's seven seasons on staff, and the Ducks led the nation in scoring in 2010. Frost was promoted to offensive coordinator in 2013, and Oregon ranked in the top five nationally in both scoring and total offense in each of his three seasons calling plays. The Ducks scored 681 points in 2014, the second-highest total in NCAA history. Oregon made it to the College Football Playoff Championship Game that year, when Frost was one of five finalists for the Broyles Award, presented annually to the nation's top assistant.

Frost's first full-time coaching job came in the FCS ranks at Northern Iowa, where he spent two seasons on the Panthers' defensive staff. He coached the UNI linebackers in 2007 and helped the Panthers to the No. 1 seed in the FCS playoffs and a quarterfinals appearance. Frost was promoted to co-defensive coordinator the next season, when Northern Iowa ranked ninth nationally in scoring defense and advanced to the FCS Semifinals. The Panthers finished with a 24-4 record in Frost's two seasons, winning two Missouri Valley Conference titles and ending both seasons with a No. 4 final ranking.

The 42-year old Frost began his coaching career as a defensive graduate assistant at Kansas State. He also served briefly on Nebraska's staff as a defensive graduate assistant in 2002.

Frost was also an outstanding player. He spent two seasons at Stanford before returning home to Nebraska for the Huskers' 1995 national championship season. He took over as NU's starting quarterback the next season and was the 1996 Big 12 Offensive Newcomer of the Year. In 1997, he was a Johnny Unitas Award finalist and an Academic All-American as Nebraska went 13-0 and captured the program's fifth national title. Frost was then selected in the third round of the 1998 National Football League Draft and played six seasons as an NFL safety.

COACHING HISTORY

NEBRASKA

- Head Coach (2018)

CENTRAL FLORIDA

- Head Coach (2016-17)

OREGON

- Offensive Coordinator (2013-15)
- Wide Receivers (2009-12)

NORTHERN IOWA

- Co-Defensive Coordinator (2008)
- Linebackers (2007)

KANSAS STATE

- Defensive Graduate Assistant (2006)

NEBRASKA

- Defensive Graduate Assistant (2002)

YEARLY COACHING RECORDS

YEAR	SCHOOL	RECORD	RANK
2007	UNI*	12-1	#4
2008	UNI*	12-3	#4
2009	Oregon*	10-3	#11
2010	Oregon*	12-1	#3
2011	Oregon*	12-2	#4
2012	Oregon	12-1	#2
2013	Oregon	11-2	#9
2014	Oregon*	13-2	#2
2015	Oregon	9-3	#15
<i>(103-18 record in 9 years as an assistant)</i>			
2016	UCF	6-7	--
2017	UCF*	12-0	#12
<i>(18-7 record in 2 years as a head coach)</i>			

TOTAL 11 YEARS 121-25

*conference champion

POSTSEASON GAMES COACHED

YEAR	GAME	RESULT
2007	FCS Playoffs (1st Round)	Win
2007	FCS Playoffs (Quarterfinals)	Loss
2008	FCS Playoffs (1st Round)	Win
2008	FCS Playoffs (Quarterfinals)	Win
2008	FCS Playoffs (Semifinals)	Loss
2009	Rose Bowl	Loss
2010	BCS National Championship	Loss
2011	Rose Bowl	Win
2012	Fiesta Bowl	Win
2013	Alamo Bowl	Win
2014	Rose Bowl (CFP Semifinal)	Win
2014	CFP National Championship	Loss
2016	Cure Bowl	Loss

HUSKERS WHO RETURNED TO BE NEBRASKA'S HEAD COACH

NAME	PLAYED	COACHED
A.J. Lewandowski	1928-29	1943-44
Bernie Masterson	1931-33	1946-48
Glenn Presnell	1925-27	1942
Frank Solich	1963-65	1998-2003
Scott Frost	1996-97	2018

PERSONAL INFORMATION

- Family: Ashley (wife) and an infant son
- Alma Mater: Nebraska (1997)
- Hometown: Wood River, Neb.

FROST MAKES RAPID RISE UP THE COACHING RANKS

On Dec. 3, 2007, Scott Frost was only two days removed from the end of his first season as a full-time assistant coach. Ten years later, he was introduced as the head coach of a Nebraska football program that ranks fifth all-time in wins.

Frost's rise through the coaching ranks has been remarkable. He was promoted to defensive coordinator after his first season and landed his first Power Five job after just two seasons. He coached in his first national championship game in his fourth year and coordinated a top-five offense in his seventh season. Frost landed his first head coaching job less than 10 years into his coaching tenure and won his first conference title - and produced a perfect season - in just his second year as a head coach.

SCOTT FROST COACHING TIMELINE

Year 1: First Year as an Assistant Coach at UNI
Year 2: Promoted to co-Defensive Coordinator
Year 3: First Power Five Coaching Job at Oregon
Year 4: Coached in First National Title Game
Year 7: Promoted to Offensive Coordinator
Year 8: Coached in Second National Title Game
Year 10: First Head Coaching Job at UCF
Year 11: Led UCF to a perfect regular season before becoming Husker head coach

FROST CONTINUALLY HONORED AS ONE OF NATION'S TOP COACHES

Scott Frost is widely recognized as one of the nation's top young coaches. He has been either a finalist or semifinalist for a major coaching award in three of the past four seasons.

In 2014, Frost was one of five finalists for the Broyles Award, which is presented annually to the nation's top assistant coach. Frost was in his second year as Oregon's offensive coordinator that season, and he helped lead the Ducks to the inaugural College Football Playoff National Championship Game. Oregon's offense scored 681 points in 2014 - the second-highest total in NCAA history - and Frost's quarterback, Marcus Mariota, won the Heisman Trophy.

The 2017 American Athletic Conference Coach of the Year, Frost was also one of 10 semifinalists for the George Munger Coach of the Year Award in each of his two seasons at Central Florida. UCF was the nation's most improved team in 2016 and then went unbeaten in the 2017 regular season. Frost was one of only three coaches to be a semifinalist for the Munger Award in both 2016 and 2017.

GEORGE MUNGER COACH OF THE YEAR SEMIFINALISTS IN BOTH 2016 & 2017

- Nick Saban, Alabama
- **Scott Frost, Central Florida**
- Paul Chryst, Wisconsin

FROST LED UCF TO A PERFECT REGULAR SEASON IN 2017

Scott Frost not only led UCF to the American Athletic Conference title in 2017, he guided the Knights to a perfect 12-0 record, the first undefeated season in UCF and AAC history.

After inheriting a winless UCF team, it took Frost just two years to turn an 0-12 team into a 12-0 squad. According to ESPN, Frost posted the top two-year turnaround in the FBS ranks since at least 1937. He was also only the eighth coach this century to post a perfect record in his first or second year at his school.

FBS COACHES WITH A PERFECT REGULAR SEASON IN 1ST OR 2ND YEAR (SINCE 2000)

COACH, TEAM	YEAR	SEASON
Bob Stoops, Oklahoma	2000	1st
Larry Coker, Miami	2001-02	1st & 2nd
Jim Tressel, Ohio St.	2002	2nd
Urban Meyer, Utah	2004	2nd
Chris Petersen, Boise St.	2006	1st
Chip Kelly, Oregon	2010	2nd
Urban Meyer, Ohio St.	2012	1st
Rod Carey, Northern Ill.	2013	1st
Scott Frost, UCF	2017	2nd

FROST ONE OF NATION'S TOP OFFENSIVE COACHES

Having played for great offensive coaches in Tom Osborne and Bill Walsh and coached with the innovative Chip Kelly, it should come as no surprise that Scott Frost boasts one of the top offensive minds in college football.

The offenses Frost has been involved with have ranked in the top 10 nationally in scoring eight times in his nine seasons as an offensive assistant or head coach. The lone exception came in Frost's first season as head coach at UCF in 2016, when the Knights were coming off an 0-12 campaign. In two seasons, Frost helped the Knights improve from the nation's third-worst scoring offense in 2015 to the nation's top scoring offense in 2017. The Knights were the nation's most improved offense in 2017, improving 107 spots from their 2016 ranking.

FROST'S NATIONAL RANKINGS AS AN OFFENSIVE ASSISTANT OR HEAD COACH

YEAR	SCHOOL	TOTAL	SCORING
2009	Oregon*	33rd	8th
2010	Oregon*	1st	1st
2011	Oregon*	4th	3rd
2012	Oregon*	5th	2nd
2013	Oregon^	2nd	4th
2014	Oregon^	3rd	4th
2015	Oregon^	5th	5th
2016	UCF%	113th	66th
2017	UCF%	5th	1st

* Oregon wide receivers coach from 2009-12

^ Oregon offensive coordinator from 2013-15

% UCF head coach from 2016-17

FROST KNOWS DEFENSE, TOO

Even with a well-earned reputation as one of football's top offensive coaches, Scott Frost is very familiar with the defensive side of the ball.

Frost was a two-way starter as a sophomore at Stanford, starting games not only at quarterback but also at safety. After transferring to Nebraska and quarterbacking the Huskers to the 1997 national championship, Frost was a third-round pick in the 1998 National Football League Draft and played six seasons as an NFL safety.

Frost then began his coaching career as a defensive assistant. After serving as a defensive graduate assistant at both Nebraska (2002) and Kansas State (2006), Frost's first full-time coaching job was as Northern Iowa's linebackers coach in 2007. UNI ranked seventh in the FCS in total defense that season. Frost was then promoted to co-defensive coordinator for the 2008 season, when the Panthers ranked ninth nationally in scoring defense.

FROST'S NATIONAL RANKINGS AS A DEFENSIVE ASSISTANT

YEAR	SCHOOL	TOTAL	SCORING
2007	UNI	7th	11th
2008	UNI	23rd	9th

FROST HAS PLAYED FOR & COACHED WITH THE BEST

Throughout both his playing and coaching career, Scott Frost has had the opportunity to learn from some of the game's best coaches. In fact, Frost played for three Hall of Fame coaches in his career, and he has coached with Chip Kelly, who has been both the college football coach of the year and the NFL coach of the year.

NATIONAL COACHES OF THE YEAR FROST HAS PLAYED FOR OR COACHED WITH

- Bill Belichick, Cleveland Browns
- Chip Kelly, Oregon Ducks
- Bill Parcells, New York Jets
- Tom Osborne, Nebraska Cornhuskers
- Mike Tomlin, Tampa Bay Buccaneers
- Bill Walsh, Stanford Cardinal

FROST IS A PROVEN WINNER AS BOTH A PLAYER & COACH

Scott Frost is a proven winner in college football. Nebraska went 36-2 in his three seasons as a Husker and in his 11-year coaching career, Frost's teams have combined for a 121-25 record while averaging 11 wins per season.

- In his two seasons as an assistant at Northern Iowa, Frost helped the Panthers to a 24-4 record.
- In seven seasons as an assistant at Oregon, Frost helped the Ducks to a 79-14 record.
- In two seasons as Central Florida's head coach, Frost posted a 18-7 record, improving the Knights' win total by six victories in both 2016 and 2017. UCF was the nation's most improved team in 2016, when Frost became only the fifth FBS coach since 1937 to lead his team to the nation's most improved record in his first season at the school.
- Frost has been a part of seven conference championship teams in his 11-year coaching career. His teams have won either a conference or division title in 10 of his 11 seasons.
- Frost has coached in a dozen New Year's Six Bowl games, including two national championship games. At the FCS level, Frost coached in two quarterfinal playoff games and one semifinal.
- Frost has been a part of nine 10-win teams in his 11-year coaching career, including seven teams who won at least 12 games.
- In his 11-year coaching career, Frost has been a part of seven teams that finished the year with a top-10 ranking, including six teams that were ranked in the top five.
- As a Husker player, Frost was a two-time conference and national champion, helping Nebraska to a 36-2 record over three seasons, including a 24-2 mark as NU's starting quarterback.
- Frost is one of only three active FBS coaches who won a national title as a player, and his two national titles are as many as the other 128 current FBS coaches combined.

ACTIVE FBS COACHES WHO WON A NATIONAL CHAMPIONSHIP AS A PLAYER

COACH, TEAM	COLLEGE (TITLES)
Scott Frost, Nebraska	Nebraska (1995, 1997)
Dabo Swinney, Clemson	Alabama (1992)
Seth Littrell, North Texas	Oklahoma (2000)